

Friends at the Spring Eighth Month 2024



Meeting for Worship takes place at 11:00 a.m. year round (no adjustment to summer hours). We continue to offer the opportunity to meet for worship in-person while simultaneously meeting via video conferencing for those who need or choose to stay at home.

August	On-site tech host	Worship Leader(s)	Program
4	Stephanie	Walker Family	11:00 Worship with music by Dillon Walker followed by Fellowship Tea
11		Chuck	9:30 Quakerism 101 with Ron Osborne 11:00 Meeting with attention to Worship
18	Jen	Sarah	9:30 Meeting with attention to Business followed by Fellowship Tea 11:00 Meeting with attention to Worship
25	Michael		11:00 Open Worship

Contributions:

- o [Zeffy](#)
- o Direct deposit. Contact friendsatthespring@gmail.com
- o Check made out to “Spring Friends Meeting” and mailed c/o Ron Osborne at 2585 Nealwood Avenue, Graham, NC 27253



Happy Anniversary in August:

18th Elizabeth and Ron Osborne
21st Charley Flint and Jeff Hitchcock
24th Dottie and Grim Hobbs

Happy August Birthday:

15th Heather McIver
21st Annika McIver Lowe
23rd Robert Osborne
26th Will Osborne
31st Kevin Muhanji

Please let Kara know if your birthday or anniversary needs to be added to the annual list.

Morgan Siem invites Friends to the music & arts festival that she hosts on her land, less than 5 minutes away from the Meeting House. **Soil & Sky Fest** is an annual music festival rooted on 32 acres in Alamance County. The festival is organized around three points of focus: mental wellness, earth care, and community connection.

More info & tickets can be found here: <https://www.soilskyfest.com/>



Please see the flyer on page 3 for information about an opportunity in November to practice creating a culture of peace.



Creating a Culture of Peace

Basic AVP Workshop

Sponsored by the [North Carolina Alternatives to Violence Project](#) in partnership with the [NC Peace Resource Center](#)

What? Alternatives to Violence Project (AVP) helps us explore the power we all have to change hostility and destructiveness into cooperation, community, and justice.

Why? To discover new ways to reduce conflict in your world, your community, organization, or personal life. Enjoy a hands-on, fun, activity-based experience (no need to take notes!) in an intensive weekend workshop. People who've taken the training report they have connected deeply with others, laughed, shared, listened. They've experienced increased trust and improved self-esteem and learned ways to reduce conflict in their world—whether classroom, family, work, or community.

Where? Jamestown Friends Meeting, 509 Guilford Road, Jamestown, NC 28282

When? Friday, November 1, 2024--6:30pm to 8:30pm

Saturday, November 2, 2024--9:00am to 6:00pm

Sunday, November 3, 2024—1:00pm to 6:00pm

How much? \$20—pay at the door (Lunch will be served on Saturday. There will be vegetarian and gluten-free options. Snacks and drinks will be available throughout the weekend)

RESERVE NOW, SPACE IS LIMITED!

[We will keep a waiting list for future workshops]

Contact Kathy Adams at kfadams53@gmail.com or 336-727-3661 to register.

Remember . . . Peace begins with you!

FAQs

Who is AVP for? It is a program for everybody. Though founded by Quakers based on their belief in an inborn power for peace in everyone, it draws its participants and its trainers from all religions, races and walks of life.

Can I participate in just a portion of the weekend training? Participants are asked to make a commitment to be present for the entire training. Certificates of attendance will be presented to participants who attend all sessions. Continuing education credit may be available for some professionals. Check with your organization to see if this is a possibility.